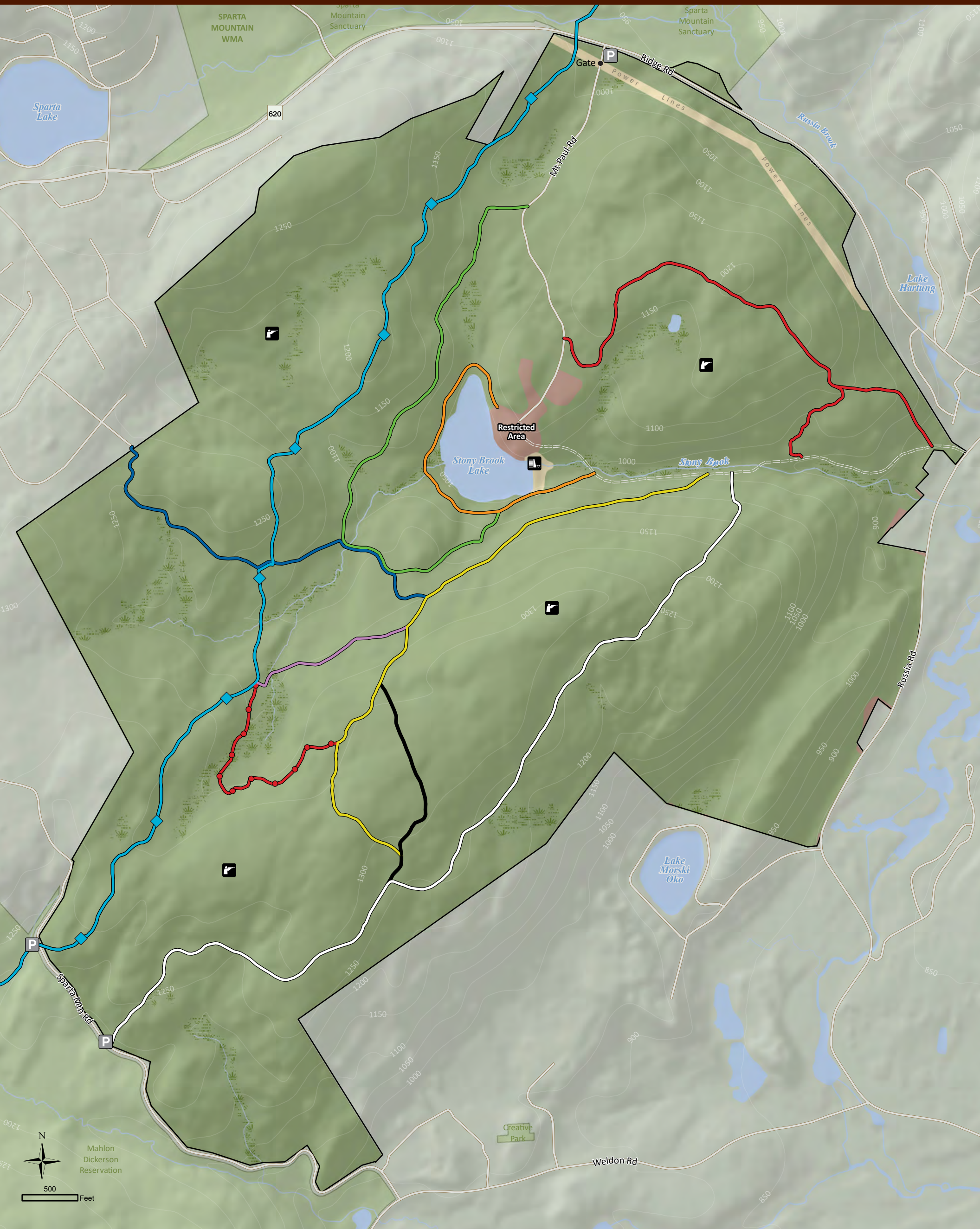


# MT. PAUL at Kittatinny Valley State Park



- |                     |                         |                           |                    |
|---------------------|-------------------------|---------------------------|--------------------|
| Open Field or Grass | Blue Trail (0.75 mi)    | Red Trail (0.5 mi)        | Dam                |
| Forest              | Charcoal Trail (0.4 mi) | Split Rock Trail (1.2 mi) | Hunting            |
| Developed Area      | Green Trail (1.3 mi)    | Violet Trail (0.3 mi)     | Parking (Pull Off) |
| Water               | Highlands Trail (2 mi)  | White Trail (1.7 mi)      |                    |
| Wetland             | Lake Trail (0.65 mi)    | Yellow Trail (1.1 mi)     |                    |

## TRAILS OF MT. PAUL AT KITTATINNY VALLEY STATE PARK

Mt. Paul is a 1,170 acre parcel of New Jersey State Park lands managed by Kittatinny Valley State Park. There are 10 official trails within Mt. Paul. Trails are primarily for hiking and mountain biking.

### Blue Trail

*Blue • 0.75 miles • Multi-use*

*Moderate • Trail connects to Lancer Street on west side of park*

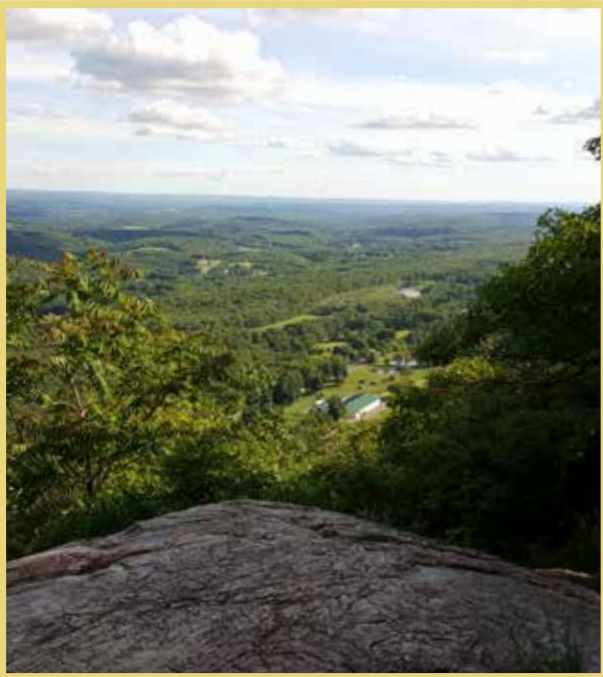
**Trailhead** Yellow Trail. **Blue Trail** travels west across the park and connects to Green and Highlands trails. It travels across mostly flat forested terrain and ends at the western boundary of the park at Lancer Street.

### Charcoal Trail

*Black • 0.4 miles • Multi-use*

*Easy • Flat and winding two-track*

**Trailhead** Yellow or White Trail. **Charcoal Trail** is a short two-track through flat forested terrain.



### Green Trail

*Green • 1.3 miles • Multi-use*

*Moderate • Hillside trail west of lake*

**Trailhead** Small parking pull out on west side of gravel access road approximately 0.3 miles from Ridge Road. **Green Trail** begins as a grass and dirt two-track and heads south along a hillside. South of the lake, the trail turns east and joins with Blue Trail for a short distance. Green Trail continues east, then turns north and descends a forested hillside to end as it meets with Lake Trail.

### Highlands Trail

*Teal • 2 miles • Hiking*

*Moderate • Long-distance trail*

**Trailhead** Parking areas at Ridge Road or Sparta Mountain Road. **Highlands Trail** is a 150-mile-long trail crossing New York and New Jersey along a combination of established and new trails, and roads. This section of Highlands Trail takes hikers along the western side of Mt. Paul through rocky forested terrain.

### Lake Trail

*Orange • 0.65 miles • Multi-use*

*Easy • Follows lake edge*

**Trailhead** Along northwestern side of Stony Brook Lake. **Lake Trail** follows the edge of Stony Brook Lake. Along the south side, the trail passes the outlet dam and ends when it meets the gravel access road.

### Red Trail

*Red • 0.5 miles • Multi-use*

*Moderate • Short trail along drainage*

**Trailhead** Highlands Trail or Yellow Trail. **Red Trail** heads southwest on single-track for 0.2 miles following a small drainage. The trail makes a sharp turn to the east and crosses boulder covered terrain. Trail continues east and ends as it meets with Yellow Trail.

### Split Rock Trail

*Red • 1.2 miles • Multi-use*

*Moderate • Hilly natural trail*

**Trailhead** Gravel road near Russia Road gate.

**Split Rock Trail** traverses Mt. Paul on single-track through densely forested terrain. After leaving the Stony Brook drainage, the trail ascends the slopes of Mt. Paul and crosses over the flat hilltop. Heading southwest, the trail crosses a drainage and rejoins the paved access road north of Stony Brook Lake.

### Violet Trail

*Purple • 0.3 miles • Multi-use*

*Easy • Short connector trail*

**Trailhead** Yellow or Highlands Trail. **Violet Trail** begins from Yellow Trail and travels southwest across flat forested terrain. The trail passes through a marshy area before ending when it meets with Highlands and Red trails.

### White Trail

*White • 1.7 miles • Multi-use*

*Moderate • Long ridgeline trail*

**Trailhead** Gravel access road east of Stony Brook Lake. **White Trail** travels along the broad ridgeline on the eastern boundary of the park. As the trail leaves the Stony Brook creek drainage, it climbs 300 feet through forested terrain and then flattens for much of its route. Passing Charcoal Trail, it continues southwest to end at Sparta Mountain Road.

### Yellow Trail

*Yellow • 1.1 miles • Multi-use*

*Moderate • Hillside trail south and east of lake*

**Trailhead** Gravel access road east of Stony Brook Lake. **Yellow Trail** travels south and gradually ascends a hillside on a woods road. As it continues to the south, the trail gains a broad hilltop and passes many of the other trails in the park, including Blue, Violet, Charcoal and Red. The trail ends when it intersects with Charcoal Trail.

## TRAIL SENSE AND SAFETY

**Trail Markings:** Official trails are marked by colored blazes on posts and trees. For your safety and habitat protection, please stay on the trails and do not alter trail markings or create new trails.

**Horses:** Riders must keep horses on trails where they are permitted.

**Preparations:** Consider bringing water, snacks, sunscreen, insect repellent, and a hat. Dress for the weather. Tell someone where you plan to go and when you expect to return.

**Hunting:** Sections are open to hunting. Bright orange clothing is recommended during hunting season.

**Pets:** Pets must always be on a leash no longer than six feet in length and under the control of the owner at all times. Please clean up after your pets.

**Keep It Clean and Green:** Bring a bag or two and carry your trash out with you. Trash cans are not provided. Don't forget to recycle!

**Tick Protection:** Bring insect repellent, wear light-colored clothing, tuck pants into socks, stay on trails, check yourself thoroughly, shower, and launder clothes immediately.

**Bear Aware:** Black bears are found throughout New Jersey. Do not approach or attract bears by making food available. Feeding bears is dangerous and illegal. Never run from a bear! To report an aggressive bear, call 1-877-WARN-DEP (1-877-927-6337) immediately. Please report any damage or nuisance behavior to the park office. Visit the New Jersey Division of Fish and Wildlife at [www.njfishandwildlife.com](http://www.njfishandwildlife.com) for additional information on bear safety.

### Emergency Numbers

1-877-WARN-DEP (1-877-927-6337) or 911



MT. PAUL AT  
KITTATINNY VALLEY STATE PARK  
Ridge Road & Mt. Paul Road  
Jefferson, NJ 07438

Administered by Kittatinny Valley State Park  
199 Goodale Road, Newton, NJ 07860  
973-786-6445



NJPARKSANDFORESTS.ORG



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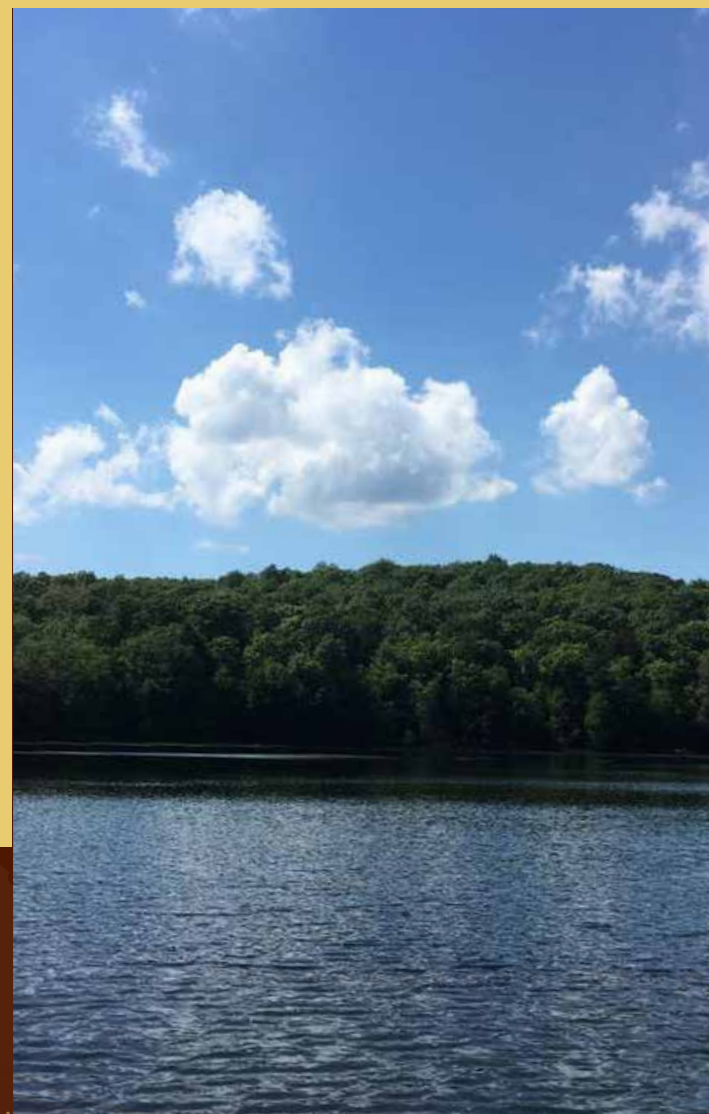


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# TRAILS

## Mt. Paul at Kittatinny Valley State Park



State of New Jersey  
Department of Environmental Protection  
State Park Service

Explore Trail Tracker  
The Interactive Trails  
Map of NJ State Parks



spstrailtracker.nj.gov

This brochure was funded by Federal Highway Administration's Recreational Trails Program through the New Jersey Department of Environmental Protection.